



FACULTY OF EXACT AND APPLIED SCIENCES



I.F.Sh Yo'ldashev Javlonbek Dilshod o'g'li

Position Senior Lecturer **Phone.** +998905783290

E-mail. javlonyoldoshev14@gmail.com

Organization UrSPI

Number +99862 2293787

Address Urgench city, Gurlen street 1. 220100

	2017-2021 - Bachelor of Urgench State University
DEGREE	2021y. – From Master's degree from Urgench State University
	In 2021-2022, teacher of the School of education of the 35th umum Shovot
	District of Khorezm region
EXPERIENCE	In 2022 -2023, teacher of the Department of Technology and Physical
	Culture of the V-Urgench State Pedagogical Institute
	From 2023 to now - a teacher of the Department of Physical Education of V-
	Urganch State Pedagogical Institute.
SPECIALIZATION	
	Theory and methodology of physical training, sports training
TEACHED	Sports games and teaching methods
SUBJECTS	
RESEARCH WORK	Improving the methodology of selection of young athletes to the handball sections of
	the children's and youth sports school
RESEARCH	1)General physical training of handball players 12-15 years old (training of
	strength). Yuldashev Javlonbek Dilshod agli
	2)Improving the methodology of selection of young handball players.
	3) PREPARATORY OUTDOOR GAMES FOR HAND BALL
CURRENT	Basics of scientific and methodical development of special (specific) coordination-
RESEARCH	movement skills in handball players.