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DEGREE	2012-2016 - Bachelor of Urgench State University 2016-2018 y. -Master's degree from Urgench State University
EXPERIENCE	2018 - teacher of the "Physical Culture Theory and Methodology" department, Faculty of Physical Culture, Urgench State University
SPECIALIZATION	Theory and methodology of physical training, sports training
TEACHED SUBJECTS	Theory and methodology of physical culture
RESEARCH WORK	Strengthening of professional competencies of students of physical culture during pedagogical practice
RESEARCH	- L.L. Abdirakhmonov, N.R. Satimov. Promoting self-improvement in physical education and sports. Theoretical and empirical scientific research: concept and directions. 56-60 s. N. Safarbaev, L. Abdirakhmonov, D. Karmov. Conducting technical training in the football club. Advanced discoveries of modern science: experience, approaches and innovations. pp. 51-53. - A.K. Sharipov, Yu.Sh. Dzhammatov, L.L. Abdirakhmonov. Formation of professional self-improvement of future teachers of physical culture. Sources of knowledge. pp. 44-47. - A.K. Sharipov, L.L. Abdirakhmonov. The relationship between independent learning and information technology in higher education. Talented intellect 18-20 pages. - Forming the process of self-improvement in future physical culture teachers, Abdirahmanov Lazizbek Latipboyevich, Science Resources..., 2022 - Organization of the process of physical activity of children of preschool age. Abdirahmanov Lazizbek Latipboyevich, Trends in the development of physical education and mass sports in Uzbekistan in the period of economic changes, 2022 - The conditions created for the development of physical education and mass sports during the period of independence, Abdirahmanov Lazizbek Latipboyevich, Innovative Society: Problems, Analysis and Development Prospects, http://www.openconference.us.., 2022
CURRENT RESEARCH	Strengthening of professional competencies of students of physical culture during pedagogical practice Importance of continuous qualification practice process of students of the direction

	of Physical Culture International scientific conference Samarkand 2023.06 Pedagogical foundations of the process of strengthening the professional training of students of the educational direction of Physical Culture in the period of practice Муғаллим ҳам узлуксиз билимлендириў илмий-методикалық журналы Нукус. Ўзбекистон педагогика фанлари ИТИ Қорақалпоғистони филиали 2023.07
ACTIVITY IN THE 2022-2023 ACADEMIC YEAR	In the academic year 2022-2023, 1 scientific article (in local OAK journals) is out of print and has participated in 2 conferences (2 in foreign conferences). During the academic year, he participated in 4 socio-political, spiritual and educational events on the scale of the Republic, 2 provincial-wide, 8 Institute-wide. It has also organized 2 activities held at the pedagogical faculty with the aim of meaningfully spending students ' free time, with 3 visits to the student residence hall in order to study the living conditions of students and provide them with practical assistance.